



PARKSIDE PRIMARY ACADEMY

(W/C 31/08/2026, 21/09/2026, 12/10/2026, 9/11/2026, 30/11/2026, 4/01/2027, 25/01/2027, 22/02/2027, 15/03/2027, 19/04/2027, 10/05/2027, 14/06/2027, 5/07/2027)

<u>WEEK 1</u>	MONDAY Meat Free Day Pizza & Pasta Day	TUESDAY Meat Free Day Around the World Day	WEDNESDAY Roast Day	THURSDAY Favourites Day	FRIDAY Fishy Friday
Traditional Meal of the Day	Pizza & Wedges Spaghetti Hoops	Vegetarian Curry Rice Garlic Slice Carrots	Roast Turkey Yorkshire Pudding Mashed Potato Selection of Vegetables Gravy	Sausage Mashed Potato Selection of Vegetables Baked Beans Gravy	Fish Fingers Oven Chips Peas Tomato Sauce
Accompaniments					
Filled Jacket Potatoes or Picnic Box	<u>Jacket Potato</u> Assorted Fillings – Cheese, Baked Beans Salad Pasta Bowl Coleslaw	<u>Jacket Potato</u> Assorted Fillings – Cheese, Baked Beans Salad Pasta Bowl Coleslaw	<u>Jacket Potato</u> Assorted Fillings – Cheese, Tuna Salad Pasta Bowl Coleslaw	<u>Picnic Box</u> Cheese or Ham or Tuna Mayonnaise Sandwich Salad Crisps Pasta Bowl Coleslaw	<u>Jacket Potato</u> Assorted Fillings – Tuna, Baked Beans Salad Pasta Bowl Coleslaw
Selection of Desserts	Homemade Flapjack Fruit Pot Yoghurt Fresh Fruit	Cheesecake Fruit Pot Yoghurt Fresh Fruit	Rice Pudding & Jam Fruit Pot Yoghurt Fresh Fruit	Sponge & Custard Fruit Pot Yoghurt Fresh Fruit	Assorted Whips Yoghurt Fruit Pot Fresh Fruit

All dishes are prepared on site using fresh ingredients.

ALLERGEN INFORMATION – please note that dishes may contain cereals, eggs, fish, milk, sulphur dioxide. If you require information on allergens in a specific dish, please contact Reception in school on 01226722416 or visit the school website – www.parksideacademy.co.uk.