



PARKSIDE PRIMARY ACADEMY

(W/C 15/09/2025, 06/10/2025, 03/11/2025, 24/11/2025, 15/12/2025, 19/01/2026, 09/02/2026, 09/03/2026, 13/04/2026, 03/05/2026, 08/06/2026, 29/06/2026, 20/07/2026)

<u>WEEK 3</u>	MONDAY Meat Free Day Pizza & Pasta Day	TUESDAY Meat Free Day Around the World Day	WEDNESDAY Roast Day	THURSDAY Favourites Day	FRIDAY Fishy Friday
Traditional Meal of the Day	Pizza Waffles	Vegetarian Bolognese Pasta	Roast Pork Yorkshire Pudding	Hot Dog Wedges	Salmon Fish Cakes Oven Chips
Accompaniments	Baked Beans	Garlic Slice Salad	Mashed Potato Selection of Vegetables Gravy	Spaghetti Hoops	Peas Tomato Sauce
Filled Jacket Potatoes or Picnic Box	<u>Jacket Potato Assorted Fillings – Cheese, Baked Beans Salad</u>	<u>Jacket Potato Assorted Fillings – Cheese, Baked Beans Salad</u>	<u>Jacket Potato Assorted Fillings – Cheese, Tuna, Baked Beans Salad</u>	<u>Picnic Box Cheese or Ham or Tuna Mayonnaise Sandwich Salad Crisps</u>	<u>Jacket Potato Assorted Fillings – Cheese, Tuna, Baked Beans Salad</u>
	Pasta Bowl Coleslaw	Pasta Bowl Coleslaw	Pasta Bowl Coleslaw	Pasta Bowl Coleslaw	Pasta Bowl Coleslaw
Dessert	Iced Sponge Fruit Pot Yoghurt Fresh Fruit	Cheesecake Fruit Pot Yoghurt Fresh Fruit	Rice Pudding & Jam Fruit Pot Yoghurt Fresh Fruit	Sponge & Custard Jelly Fruit Pot Yoghurt Fresh Fruit	Assorted Whips Fruit Pot Yoghurt Fresh Fruit

All dishes are prepared on site using fresh ingredients.

ALLERGEN INFORMATION – please note that dishes may contain cereals, eggs, fish, milk, sulphur dioxide. If you require information on allergens in a specific dish, please contact Reception in school on 01226722416 or visit the school website – www.parksideacademy.co.uk.