



## PARKSIDE PRIMARY ACADEMY

(W/C 01/09/2025, 22/09/2025, 13/10/2025, 10/11/2025, 01/12/2025, 05/01/2026, 26/01/2026, 23/02/2026, 16/03/2026, 20/04/2026, 11/05/2026, 15/06/2026, 06/07/2026)

<b><u>WEEK 1</u></b>	<b>MONDAY</b> Meat Free Day <b>Pizza &amp; Pasta Day</b>	<b>TUESDAY</b> Meat Free Day <b>Around the World Day</b>	<b>WEDNESDAY</b> <b>Roast Day</b>	<b>THURSDAY</b> <b>Favourites Day</b>	<b>FRIDAY</b> <b>Fishy Friday</b>
<b>Traditional Meal of the Day</b>	Pizza & Wedges	Vegetarian Curry	Roast Turkey	Sausage	Fish Fingers
<b>Accompaniments</b>	Spaghetti Hoops	Rice Garlic Slice Carrots	Yorkshire Pudding Mashed Potato Selection of Vegetables Gravy	Mashed Potato Selection of Vegetables Baked Beans Gravy	Oven Chips  Peas Tomato Sauce
<b>Filled Jacket Potatoes or Picnic Box</b>	<b><u>Jacket Potato</u></b> Assorted Fillings – Cheese, Baked Beans Salad  Pasta Bowl Coleslaw	<b><u>Jacket Potato</u></b> Assorted Fillings – Cheese, Baked Beans Salad  Pasta Bowl Coleslaw	<b><u>Jacket Potato</u></b> Assorted Fillings – Cheese, Tuna Salad  Pasta Bowl Coleslaw	<b><u>Picnic Box</u></b> Cheese or Ham or Tuna Mayonnaise Sandwich Salad Crisps  Pasta Bowl Coleslaw	<b><u>Jacket Potato</u></b> Assorted Fillings – Tuna, Baked Beans Salad  Pasta Bowl Coleslaw
<b>Selection of Desserts</b>	Homemade Flapjack Fruit Pot Yoghurt Fresh Fruit	Cheesecake Fruit Pot Yoghurt Fresh Fruit	Rice Pudding & Jam Fruit Pot Yoghurt Fresh Fruit	Sponge & Custard Fruit Pot Yoghurt Fresh Fruit	Assorted Whips Yoghurt Fruit Pot Fresh Fruit

All dishes are prepared on site using fresh ingredients.

**ALLERGEN INFORMATION** – please note that dishes may contain cereals, eggs, fish, milk, sulphur dioxide. If you require information on allergens in a specific dish, please contact Reception in school on 01226722416 or visit the school website – [www.parksideacademy.co.uk](http://www.parksideacademy.co.uk).