



Parkside Primary Academy

Midland Road

Royston

Barnsley S71 4QP

Tel: 01226 722416

E-mail: parkside@pioneeract.org.uk

Chief Executive Officer: Mr H Wood

Headteacher: Ms R Ward

16 June 2022

Dear Parent/Carer

RE: Sex and Relationship Education

Parkside follows the 'Jigsaw' scheme of work which teaches children all about PHSE (Personal, Health and Social and Economic) and SMSC (Spiritual, Moral, Social and Cultural) Education in line with current compulsory DfE requirements.

In the coming Summer half term, part of the 'Jigsaw' scheme of work will include lessons about Sex and Relationship Education (SRE). These lessons make up two or three of the whole unit 'Changing Me' which looks at many changes from growing young to old, becoming a teenager, assertiveness, self-respect and safe guarding. Each year group thinks about looking ahead, moving year groups or transition into secondary school. All year groups learn about how people and bodies change; lifecycles and how babies are made and grow are also taught.

As ever, we will be sensitive to the needs of the pupils we teach and all information is appropriate for their age and stage of development. We will teach some parts of the SRE curriculum with boys and girls together and at other times, separately.

For further information on the teaching of SRE please see the school website:

www.parksideacademy.co.uk under the link of PARENTS.

Alternatively, on the reverse of this letter are the areas each year group will be looking at.

Please don't hesitate to come and see your child's class teacher if you would like to look at the materials or discuss the scheme further.

Yours sincerely

Miss K Haverty
SENDCo & PHSE Co-ordinator



Jigsaw SRE Content

The grid below shows specific SRE learning intentions for





each year group in the 'Changing Me' Puzzle.

Year Group	Piece Number and Name	Learning Intentions 'Pupils will be able to...'
1	Piece 4 Boys' and Girls' Bodies	identify the parts of the body that make boys different to girls and use the correct names for these respect my body and understand which parts are private
2	Piece 4 Boys' and Girls' Bodies	recognise the physical differences between boys and girls, use the correct names for parts of the body and appreciate that some parts of my body are private tell you what I like/don't like about being a boy/girl
3	Piece 1 How Babies Grow	understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby express how I feel when I see babies or baby animals
	Piece 2 Babies	understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow express how I might feel if I had a new baby in my family
	Piece 3 Outside Body Changes	understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies identify how boys' and girls' bodies change on the outside during this growing up process recognise how I feel about these changes happening to me and know how to cope with those feelings
	Piece 4 Inside Body Changes	identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up recognise how I feel about these changes happening to me and how to cope with these feelings
4	Piece 2 Having A Baby	correctly label the internal and external parts of male and female bodies understand that having a baby is a personal choice and express how I feel about having children when I am an adult
	Piece 3 Girls and Puberty	describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this know that I have strategies to help me cope with the physical and emotional changes I will experience during puberty
5	Piece 2 Puberty for Girls	explain how a girl's body changes during puberty and understand the importance of looking after myself physically and emotionally understand that puberty is a natural process that happens to everybody and that it will be OK for me
	Piece 3 Puberty for Boys and Girls	describe how boys' and girls' bodies change during puberty express how I feel about the changes that will happen to me during puberty
	Piece 4 Conception	understand that sexual intercourse can lead to conception and that is how babies are usually made appreciate how amazing it is that human bodies can reproduce in these ways
6	Piece 2 Puberty	explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally express how I feel about the changes that will happen to me during puberty
	Piece 3 Babies - Conception to Birth	describe how a baby develops from conception through the nine months of pregnancy, and how it is born recognise how I feel when I reflect on the development and birth of a baby
	Piece 4 Boyfriends and girlfriends	understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a boyfriend/girlfriend
	Piece 5 Real self and ideal self	awareness of the importance of a positive self-esteem and what I can do to develop it. Express feelings about my self-image and know how to challenge negative 'body-talk'