



19 August 2021

2021 – 2022 RETURN TO SCHOOL INFORMATION FOR PARENTS/CARERS

Dear Parents/Carers

I am writing to update you with information about our return to school on Monday 6 September 2021. Current Covid-19 guidance for schools issued by the Government on 17 August 2021 has said that it is no longer necessary for us to keep children in 'bubbles'. This means that we are able to return to our original school start and finish times for all children. All children (except nursery) should be lined up and ready to go into class at 8.40am where they will be collected by their class teacher. All children (except nursery) will finish school at 3pm and handed over to parents/carers by class teachers. Please see the information below:

Start and finish times

Class	Start Time/Drop off	Pick Up Time	Drop off & Pick Up Location
F1 Nursery morning	8.45am	11.45am	Drop off: F1 & F2 playground Pick up: F1 nursery door
F1 Nursery afternoon	12.15pm	3.15pm	Drop off: F1 nursery door Pick up: F1 & F2 playground
F2 Reception	8.40am	3.00pm	F1 & F2 playground
Year 1 – Year 6	8.40am	3.00pm	Playground: lined up in their designated space

Breakfast and Afterschool clubs

Breakfast club will begin **from Monday 6 September** with the same arrangements as before and is available for children in F2 – Year 6. Access will be through the Hall doors in the playground; Breakfast club will start at 8.00am and parents/carers can drop children off **between 8.00am – 8.15am** after which the doors will close. The cost for Breakfast club remains unchanged at £1 for the first child and then 50p for any additional children from the same family. If your child has been entitled to Free School Meals (not Universal Infant Free Meals) within the last 6 years then Breakfast Club is free.

You do not need to book Breakfast Club in advance, however if you do wish your child to attend Breakfast Club on Monday 6 September, our first day back at school, please notify us by email so that we have an idea of the number of children we can expect for catering purposes.

Afterschool clubs for Years 1 – 6 will begin from Monday 13 September and further information will be sent out to parents/carers during our first week back so that you can reserve a place. Please be aware that numbers to some Afterschool clubs may be limited due to the nature of that activity.

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School Lunches

As it is no longer necessary to keep children in 'Bubbles' we are able to return to our full lunchtime service. School lunches will cost £2.10 per day and our menus have been updated after consulting with children during the summer term. If your child is in F2 (Reception class), Y1 or Y2, they are eligible for a Universal Infant Free Meal. Menus are attached so that you can see meal choices for each day. If you do wish to provide a packed lunch for your child this is completely fine, however they must not include:

- Nuts or Peanuts including peanut butter/chocolate spreads (to protect those with allergies)
- Chocolate bars.
- Fizzy drinks
- Sweets.

Water is available for all children during the school day and at lunchtimes.

If you are looking for ideas on what to put into your child's lunchbox, take a look at the NHS Change4Life website and poster below:

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

For a HEALTHY, BALANCED packed lunch, choose something from each food group 1, 2 and 3

1. Fill-you-up foods
Have a **BIG PORTION** of **SLOW RELEASE ENERGY FOODS**.
Wholegrain is best!
CHOOSE: Bread, Rolls, Pittas
Make a **SANDWICH**
or **PASTA, POTATO, COUSCOUS, LENTILS, CHICKPEAS, RICE.**
Make a **SALAD**

2. Help-you-grow foods
Have a **SMALL PORTION** of **MEAT, FISH, EGGS OR BEANS**.
Perhaps in a sandwich or salad!
CHOOSE: Humous, or lentils
Hard-boiled egg
Cooked fish, fresh or tinned
Grilled sausage, grilled bacon
Cheese-grated, sliced, or spread
Yoghurt

3. Fruit and vegetables
Pack **TWO+ PORTIONS** in a **SALAD** or **SANDWICH**, or just to eat **ON THEIR OWN**.
CHOOSE: A handful of small fruit
fresh fruit and vegetable sticks
A whole piece of fruit
Dried fruit

... plus a **SMALL PORTION** of **DAIRY** foods (for Calcium)

WATER

HELPFUL TIPS!

SANDWICH FILLINGS

TUNA AND SWEETCORN
COTTAGE CHEESE AND PEPPERS
HUMOUS AND CELERY
SAUSAGE AND TOMATO
CHEESE AND PICKLE
HAM AND COLESLAW
CHICKEN AND SALAD
MACKEREL AND CUCUMBER
SARDINE AND CRESS
ON WHOLEMEAL, PITTA, ROLLS OR BAPS

SALAD SUGGESTION

CHOOSE A FILL-YOU-UP BASE....
rice, lentils, pasta, couscous, beans, potato
ADD SALAD VEGETABLES....
mushrooms, celery, carrots, cauliflower, cabbage, peppers, tomatoes, cucumber, sweetcorn, beansprouts
ADD A LITTLE DRESSING....
lowfat mayonnaise, salad cream, French dressing

REMEMBER PLEASE DO NOT BRING THE FOLLOWING ITEMS:
NUTS,
PEANUT BUTTER,
SWEETS AND CHOCOLATE BARS

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Parkside Primary Academy

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Royston

Barnsley S71 4QP

Tel: 01226 722416

E-mail: parkside@pioneeract.org.uk

Chief Executive Officer: Mr H Wood

Headteacher: Ms R Ward

COVID-19 Updated Guidance for Parents/Carers

The Government has updated its COVID-19 guidance for schools and also parents and carers. The updated guidance can be found using the following link and I strongly advise parents/carers to read this.

<https://www.gov.uk/government/publications/what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges-during-the-coronavirus-covid-19-outbreak/step-4-update-what-parents-and-carers-need-to-know-about-early-years-providers-schools-and-colleges>

The key messages from this guidance are:

- nationally, education and childcare settings are open, and attendance is mandatory (for schools) and strongly encouraged (at childminders, nurseries and colleges)
- your nursery, school or college will no longer trace close contacts - close contacts will still be identified via NHS Test and Trace
- children and young people aged under 18 years 6 months who usually attend school, and have been identified as a close contact should continue to attend school as normal
- your child does not need to remain in a consistent group ('bubble')
- the government is removing the requirement to wear face coverings in law but expects and recommends that they are worn in enclosed and crowded spaces where you may come into contact with people you don't normally meet.

School Uniform

At Parkside Primary Academy all children are expected to wear school uniform. Our uniform helps our children to feel a sense of identity and pride for our school community. Our uniform consists of:

- Parkside navy blue v neck jumper, sweatshirt or cardigan with school logo on. You may wish to have your child's initials embroidered underneath the school logo which Vortex Clothing school uniform suppliers do for a small charge
- Grey trousers/skirt/pinafore dress
- **Nursery to Year 5:** White polo shirt
- **Year 6:** White collared shirt. **All Year 6 children will also receive a Parkside Tie which will be given to them by school at no charge**
- Black school shoes (**no boots/ankle boots/trainers/sandals**)
- Black indoor pumps
- In summer, blue checked dresses can be worn
- Children also require a plain white t-shirt, navy blue shorts and trainers/pumps for PE lessons, a book bag and a water bottle.
- Earrings should be small studs only. If stud earrings are worn, children must be able to take them out themselves for PE.
- Long hair should be tied back in a plain, elastic bobble - no large hair clips / bands are to be worn. Also, please avoid inappropriate hairstyles e.g. shaved patterns, colours.
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School uniform can be ordered via the school office from Vortex Clothing or directly from the Vortex website:

<https://www.vortexschoolwear.co.uk/Primary-Schools/Parkside-Primary-Academy>

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You are welcome to purchase school uniform from any high street supermarket and take jumpers/cardigans directly to Vortex so they can embroider the school logo on to them. You may also wish to have your child's initials embroidered on to their school cardigan/jumper.

If you have any further questions regarding your child's return to school please contact us. I hope that you have all had a restful and enjoyable summer holiday and we look forward to welcoming children, parents and carers back to school on Monday 6 September 2021.

Yours sincerely

Ms Rachel Ward
Headteacher

