

	Year 4	Year 4
Subject Topic	Netball	Gymnastics
Week 1 WC - 8/1/2018	To control and pass the ball <ul style="list-style-type: none"> • Can I place both hands on the ball in the W position? • Can I pass the ball effectively to a partner across 4m? • Can I pass the ball to another teammate effectively under pressure? 	To travel in different ways <ul style="list-style-type: none"> • Can I travel in different ways? • Can I travel in different ways using a variety of heights and body parts? • Can I travel confidently with fluency and control?
Week 2 WC - 15/1/2018	To pass the ball in mini-team games <ul style="list-style-type: none"> • Can I confidently catch the ball? • Can I pass the ball in more than one way during a mini-game situation? E.g. chest pass, bounce pass • Can I attempt the overhead pass on more than one occasion? 	To create a sequence <ul style="list-style-type: none"> • Can I perform a balance, jump and roll? • Can I perform a short sequence, including a balance, roll or jump? • Can I perform a sequence, following given criteria with fluency and control?
Week 3 WC - 22/1/2018	To shoot the ball into the target <ul style="list-style-type: none"> • Can I strike the ball with both hands underneath the ball and with my knees bent? • Can I shoot the ball towards the target? • Can I score at least 5 shots? 	To create sequences involving symmetrical and asymmetrical balances, jumps and rolls <ul style="list-style-type: none"> • Can I be able to perform a balance, jump and roll? • Can I perform a short sequence, including a balance, roll or jump? • Can I accurately perform a sequence, following given criteria with fluency and control?

<p>Week 4 WC - 29/1/2018</p>	<p>To attack and defend working as a team</p> <ul style="list-style-type: none"> • Can I mark an opposing player? • Can I work as a team to break down the defending team? • Can I maintain possession of the ball when attacking? 	<p>To land safely from a box or bench and perform a series of jumps</p> <ul style="list-style-type: none"> • Can I jump safely down from a high bench/vaulting box? • Can I perform a variety of jumps safely down from a high bench/vaulting box? • Can I travel safely onto a high bench/vaulting box and land jumps in a variety of ways?
<p>Week 5 WC - 5/2/2018</p>	<p>To perform in a match situation</p> <ul style="list-style-type: none"> • Can I work as a team? • Can I apply skills such as passing & shooting? • Can I attempt other skills such as marking, tackling etc? 	<p>To safely travel across wall bars and ropes and safely land from the apparatus.</p> <ul style="list-style-type: none"> • Can I land safely from wall bars and ropes? • Can I travel safely across wall bars and ropes? • Can I include balances in my performance?