

	Year 3	Year 3
Subject Topic	Netball	Gymnastics
Week 1 WC - 8/1/2018	<p>To control and pass the ball</p> <ul style="list-style-type: none"> • Can I place both hands on the ball in the W position? • Can I pass the ball effectively to a partner across 4m? • Can I begin to pass the ball to another teammate effectively under pressure? 	<p>To travel in different ways</p> <ul style="list-style-type: none"> • Can I travel in different ways? • Can I travel in different ways using a variety of heights and body parts? • Can I travel with fluency and control?
Week 2 WC - 15/1/2018	<p>To pass the ball in mini-team games</p> <ul style="list-style-type: none"> • Can I catch the ball successfully? • Can I pass the ball in more than one way during a mini-game situation? E.g. chest pass, bounce pass • Can I attempt the overhead pass? 	<p>To create a sequence</p> <ul style="list-style-type: none"> • Can I perform a balance, jump and roll? • Can I perform a short sequence, including a balance, roll or jump? • Can I perform a sequence, following given criteria with fluency and control?
Week 3 WC - 22/1/2018	<p>To shoot the ball into the target</p> <ul style="list-style-type: none"> • Can I strike the ball with both hands underneath the ball and with my knees bent? • Can I shoot the ball towards the target? • Can I score at least 3 shots? 	<p>To create sequences involving symmetrical and asymmetrical balances, jumps and rolls</p> <ul style="list-style-type: none"> • Can I be able to perform a balance, jump and roll? • Can I perform a short sequence, including a balance, roll or jump? • Can I perform a sequence, following given criteria with fluency and control?

<p>Week 4 WC - 29/1/2018</p>	<p>To attack and defend working as a team</p> <ul style="list-style-type: none"> • Can I mark an opposing player? • Can I work as a team to break down the defending team? • Can I begin to maintain possession of the ball when attacking? 	<p>To land safely from a box or bench and perform a series of jumps</p> <ul style="list-style-type: none"> • Can I jump safely down from a high bench/vaulting box? • Can I perform a variety of jumps safely down from a high bench/vaulting box? • Can I travel safely onto a high bench/vaulting box and land jumps in a variety of ways?
<p>Week 5 WC - 5/2/2018</p>	<p>To perform in a match situation</p> <ul style="list-style-type: none"> • Can I work as a team? • Can I apply skills such as passing & shooting? • Can I attempt other skills such as marking, tackling etc? 	<p>To safely travel across wall bars and ropes and safely land from the apparatus.</p> <ul style="list-style-type: none"> • Can I land safely from wall bars and ropes? • Can I travel safely across wall bars and ropes? • Can I include balances in my performance?