

Nick Walters Planning Overview

Spring 1 (Term 3) 2017/2018

	FS2
Subject Topic	Ball Skills & Gymnastics - Balance & Movement
Week 1 WC - 8/1/2018	To practice ball games in a team game situation? <ul style="list-style-type: none"> • Can I listen carefully to the rules? • Can I throw/kick the ball to a teammate? • Can I begin to work successfully as a team?
Week 2 WC - 15/1/2018	To travel and balance safely <ul style="list-style-type: none"> • Can I keep my back straight? • Can I stand on one leg with my arms out? • Can I hold this still for 3 seconds?
Week 3 WC - 22/1/2018	To balance using different body parts and create a short sequence <ul style="list-style-type: none"> • Can I create a standing balance? • Can I create a low balance? • Can I create a short sequence?
Week 4 WC - 29/1/2018	To be able add new movements together to create a sequence <ul style="list-style-type: none"> • Can I explore and perform a simple movement? • Can I balance on one foot? • Can I balance on hands and feet?
Week 5 WC - 5/2/2018	To create a sequence including balance and rolls <ul style="list-style-type: none"> • Can I balance on hands and feet? • Can I keep my balance completely still? • Can I include a roll into the sequence?