

	Y2	Y2
Subject Topic	Multiskills (ABC)	Striking & Fielding
Week 1 WC - 11/9/2017	To use our bodies to balance using up to three points <ul style="list-style-type: none"> • Can I begin to balance confidently holding up to 5 seconds? • Can I make a letter with my body? • Can I balance effectively whilst moving? 	To show basic movements and spatial awareness <ul style="list-style-type: none"> • Can I comfortably move in different ways? • Can I move along different pathways? • Can I change direction sharply and stop quickly?
Week 2 WC - 18/9/2017	To combine co-ordination drills using upper and lower body Movements <ul style="list-style-type: none"> • Can I travel through the ladder confidently using one and two feet? • Can I travel through the ladder confidently by increasing speed? • Can I twist my upper and lower body when working at a faster speed? 	To move with the ball and begin to send the ball <ul style="list-style-type: none"> • Can I strike the ball with power? • Can I stop a moving ball? • Can I roll and aim the ball accurately?
Week 3 WC - 25/9/2017	To aim accurately using a variety of balls <ul style="list-style-type: none"> • Can I roll a ball to a partner? • Can I stop the ball? • Can I increase/decrease speeds? 	To send the ball in a variety of different ways <ul style="list-style-type: none"> • Can I roll the ball towards a target with power? • Can I throw the ball underarm accurately? • Can I consistently maintain complete accuracy?
Week 4	To travel in different ways showing a clear change between moments	To receive and send the ball

<p>WC - 2/10/2017</p>	<ul style="list-style-type: none"> • Can I travel between the cones? • Can I begin to increase my speed as I change direction • Can I begin to change speed with instant control 	<ul style="list-style-type: none"> • Can I bounce and catch arrange of different size balls? • Can I control a ball with a racket (tennis) • Can I work in pairs to send and receive the ball?
<p>Week 5 WC - 9/10/2017</p>	<p>To travel in different directions (side to side, up and down) with control and fluency</p> <ul style="list-style-type: none"> • Can I travel in different directions going side to side/up and down? • Can I begin to increase my speed as I travel this way? • Can I change speed with instant control 	<p>To send different ball in a variety of situations</p> <ul style="list-style-type: none"> • Can I kick a ball in a variety different directions? • Can I strike a smaller ball with different equipment e.g. Tennis racket, Rounders Bat, Cricket Bat • Can I put this into a game situation?
<p>Week 6 WC - 16/10/2017</p>	<p>To practice ABCs in the form of circuit stations</p> <ul style="list-style-type: none"> • Can I throw the beanbag confidently? • Can I travel in-between the cones confidently? • Can I keep my balance confidently? 	<p>To apply all striking & fielding skills into a competitive environment</p> <ul style="list-style-type: none"> • Can I apply all the skills taught in previous lessons? • Can I continuously apply sending and receiving skills? • Can I work together as a team?
<p>Week 7 WC - 23/10/2017</p>	<p>To practice ABCs in game format</p> <ul style="list-style-type: none"> • Can I travel around the court confidently? • Can I show balance within a game situation? • Can I throw the ball in the right direction? 	<p>Y1 & Y2 Mixed Danish Longball Tournament</p>



Nick Walters Planning Overview

Autumn 1 (Term 1) 2017/2018

