

	Y1	Y1
Subject Topic	Striking & Fielding	Multiskills (ABC)
Week 1 WC - 11/9/2017	To show basic movements and spatial awareness <ul style="list-style-type: none"> • Can I move in different ways? • Can I move along different pathways? • Can I change direction and stop quickly? 	To use our bodies to balance using up to two points <ul style="list-style-type: none"> • Can I balance confidently holding up to 3 seconds? • Can I create a letter with my body? • Can I work with a partner and hold our shape
Week 2 WC - 18/9/2017	To move with the ball and begin to send the ball <ul style="list-style-type: none"> • Can I strike the ball? • Can I stop a moving ball? • Can I roll and aim the ball? 	To combine co-ordination drills using upper and lower body Movements <ul style="list-style-type: none"> • Can I travel through the ladder confidently using one foot? • Can I travel through the ladder confidently using two feet? • Can I travel through the ladder confidently by increasing speed?
Week 3 WC - 25/9/2017	To send the ball in a variety of different ways <ul style="list-style-type: none"> • Can I roll the ball towards a target? • Can I throw the ball underarm? • Can I maintain complete accuracy? 	To aim accurately using a variety of balls and equipment <ul style="list-style-type: none"> • Can I roll the ball to a partner/teammate? • Can I attempt to stop the ball? • Can I begin to work at different speeds?
Week 4 WC - 2/10/2017	To receive and send the ball <ul style="list-style-type: none"> • Can I bounce and catch a ball? 	To travel in different ways showing a clear change between moments <ul style="list-style-type: none"> • Can I travel between the cones?

	<ul style="list-style-type: none"> • Can I begin to control a ball with a racket (tennis) • Can I work in pairs to send and receive the ball? 	<ul style="list-style-type: none"> • Can I begin to travel with speed between the cones? • Can I increase my speed as I change direction
Week 5 WC - 9/10/2017	To send different ball in a variety of situations <ul style="list-style-type: none"> • Can I kick a ball in different directions? • Can I strike a smaller ball with different equipment e.g. Tennis racket, Cricket Bat • Can I begin to put this into a game situation? 	To travel in different directions (side to side, up and down) with control and fluency <ul style="list-style-type: none"> • Can I travel in different directions confidently going side to side/up and down? • Can I increase my speed as I travel this way? • Can I begin to apply this confidently as a team
Week 6 WC - 16/10/2017	To apply all striking & fielding skills into a competitive environment <ul style="list-style-type: none"> • Can I apply all the skills taught in previous lessons? • Can I continuously apply sending and receiving skills? • Can I work together as a team? 	To practice ABCs in the form of circuit stations <ul style="list-style-type: none"> • Can I throw the beanbag confidently? • Can I travel in-between the cones? • Can I begin keep my balance confidently?
Week 7 WC - 23/10/2017	Y1 & Y2 Mixed Danish Longball Tournament	To practice ABCs in game format <ul style="list-style-type: none"> • Can I travel around the court? • Can I begin show balance within a game situation?

Nick Walters Planning Overview

Autumn 1 (Term 1) 2017/2018

		<ul style="list-style-type: none">• Can I start to throw the ball in the right direction?
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